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KINDERARZT
ALLERGOLOGE
JUGENDSPRECHSTUNDE

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Calendar for Check-ups and Vaccinations (According to the recommendations of the German vaccination commission „Ständige Impfkommission STIKO“)

Age of Child:	Recommended Vaccinations and Check-ups
4 weeks	Check-up U ₃ including ultrasonic diagnosis
3rd month	Check-up U ₄ , 6-fold vaccination (tetanus, diphtheria, whooping cough, polio, haemophilus influenza B, hepatitis B), pneumococcus vaccination, Rota-Virus-Vaccination
4th month	Rota-Virus-Vaccination, opt. Meningococcus-B-vaccination
5th month	6-fold vaccination, pneumococcus vaccination
6th month	Check-up U ₅ , opt. Meningococcus-B-vaccination
12th month	Check-up U ₆ , first vaccination against measles, mumps, rubella, chicken pox
13th month	Meningococcus-C-vaccination, opt. Meningococcus-B-vaccination
14th month	6-fold vaccination, pneumococcus vaccination
16th month	Second vaccination against measles, mumps, rubella, chicken pox
Prior to 2nd birthday	Check-up U ₇
Prior to 3rd birthday	Check-up U _{7a}
Prior to 4th birthday	Check-up U ₈ (please make an appointment two months in advance)
Shortly after 5th birthday	Check-up U ₉ (please make an appointment two months in advance)
6 years	Booster inoculation
7–8 years	Check-up U ₁₀
9–10 years	Check-up U ₁₁
11 years	Booster inoculation
12–14 years	Youth Check-up J ₁ , vaccination against HPV

Adults should also be vaccinated regularly, especially if in close contact to babies or children. Show your children that you are „a hero“!